

Fresh Ground Pork Patty100

Number of Servings: 100 (52.23 g per serving)

Amount	Measure	Ingredient
11 1/2	lb	Pork, ground, ckd
1.00	Tbs	Spice, onion, pwd

Nutrients per serving

Nutrition Facts	
Serving Size (52g)	
Servings Per Container	
Amount Per Serving	
Calories 160	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 40mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 13g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Instructions

PURCHASE 1# fresh ground pork (no salt or seasonings added) for every 5 portions.

Serving size: 1 ~2 oz (after cooking) pattie/person

Shape or slice ground pork into patties(5patties/pound). Sprinkle with onion powder (optional).

Fry in skillet on med heat until internal temperature reaches 155 degrees for 15 seconds.

Food Handling :

- Wash hands immediately before engaging in food preparation and again after engaging in any activities that contaminate the hands.
- Single gloves should be used for only one task and then discarded.

Cooking :

- Cook to an internal temperature of 155 F for 15 seconds.

Holding :

- Hold for hot service at an internal temperature of 135 F or higher.